OCEAN COUNTY LIBRARY

Connecting People … Building Community…Transforming Lives

101 Washington St., Toms River, NJ 08753-7625
Telephone: 732-349-6200
www.theoceancountylibrary.org
Susan Quinn, Director
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PRESS RELEASE

CONTACT: Dan Fitzgerald, 732-349-6200, ext. 5908
dfitzgerald@theoceancountylibrary.org

Upcoming Programs at Jackson Library

JACKSON – The Jackson Branch of the Ocean County Library has a variety of upcoming programs.

- "Afternoon Film" 2:30 p.m. Thursday, Aug. 8. See a movie on the big screen without the admission fee of a movie theater. Call the branch or visit the website for film information.
- "Mindfulness Meditation: On Anger" 3 p.m. Friday, Aug. 23. Anger is a primitive emotion that can cause unnecessary suffering. This practice will allow you to tap into compassion and approach anger in a healthier way. It is open to novice and experienced practitioners. Q&A will follow the session.
- "Island Beach – A Sonnet in the Sands" 2 p.m. Monday, Aug. 26. Local author Gordon Hesse will take you on a historical journey through Barnegat Bay and the Atlantic shores of Island Beach. Learn about the shipwrecks, pirates, rescues, industries, and missile tests which all occurred in "our backyard." Hesse will present film, photographs, and images from his national award-winning book "Island Beach – A Sonnet in the Sands." His presentation will be followed with a Q&A, book purchase, and signing. This program is made possible by a grant from the New Jersey Council for the Humanities (NJCH), a state partner of the National Endowment for the Humanities (NEH). Any views, findings, conclusions, or recommendations expressed in this program do not necessarily represent those of the NEH or NJCH.
- "Evening Film" 6 p.m. Monday, Aug. 26. See a movie on the big screen without the admission fee of a movie theater. Call the branch or visit the website for film information.

The branch is located at 2 Jackson Drive.

Registration is required for these free events. To register, call the branch at 732-928-4400 or visit theoceancountylibrary.org/events.